

AUGUST 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>200hr Bhakti-Vinyasa Yoga Teacher Training Begins 10/18/18</p>	1	2	3	4 <p>Reiki Energy Session 3-4pm \$20/30 mins</p>	5 <p>Intimate Circle w/Jo Ducey 2-4pm, \$35 4 Layers of the Heart Sufi Meditation/Joe D. 7-8pm \$10</p>	6 <p>Kundalini Yoga w/Laura Bradford 6pm \$15</p>
7 <p>Healthy Hydration Demo Kangen Alkaline Water 2:30pm <u>FREE</u></p>	8	9 <p>Intro to Hypnotherapy 7pm <u>FREE</u></p>	10 <p>Trigger Point Therapy 1-2pm <u>FREE</u> Energy Field Cleanse 7:30-8:30pm \$20</p>	11 <p>Healthy Hydration Demo Kangen Water 7pm <u>FREE</u> 'Beauty Counter' Social 5:30pm <u>FREE</u></p>	12 <p>Angel Card Readings 1:30-3:30pm \$15/15min</p>	13 <p>Kundalini Yoga w/Laura Bradford 6pm \$15</p>
14 <p>Cacao & Sound Healing Sada, Maritryea, Stevie 3-5pm, \$27-45, sliding</p>	15	16	17 <p>Energy Field Cleanse 7:30-8:30pm \$20</p>	18 <p><u>YTT STARTS!</u> Reiki Energy Session 3-4pm \$20/30 mins</p>	19 <p>Elevated Consciousness Meditation w/Mike Oglesbee 7-8pm \$10</p>	20
21 <p>Akashic Record & Tapping w/Ruthi Joyner 4pm, \$25 adv/\$35 door</p>	22 <p>Hand-Analysis Circle 12:30-1:20 pm, \$20 Christine Kidder</p>	23	24	25	26 <p>Angel Card Readings 1:30-3:00pm \$15/15min FAMILY YOGA 7p, \$10</p>	27 <p>Late Night Yoga 8:30-9:30pm \$5</p>
28 <p>Backbending Workshop 1:30-3:30pm, \$35</p>	29	30	31		<p>Sign Up Now! <u>Women's Weekend</u> 1/25-1/27/2019 \$375 per woman</p>	

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