

APRIL 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 KIDS YOGA 4:30pm \$10 1st Monday of the Month	2	3 Trigger Point Therapy 1-2pm <u>FREE</u>	4 Reiki Energy Healing 2:30-4pm \$20 EVERY THURSDAY!	5 Sufi Meditation w/Joe DiSabatton 7:15-8:15pm \$10	6 Intimate Circle Wksp 11am-1pm \$35 Tongues in Common Poetry & Open Mic, 7 pm
7	8	9	10 Intro to Hypnotherapy 7:15-8:15pm <u>FREE</u>	11 7 Energy Levels to Leadership & Life Workshop 5:30-7pm \$25	12 Angel Cards 1:30-3pm \$15	13
14 Essential Oil Workshop: Hormones! 2-3:30pm \$15	15	16	17	18 Reiki Energy Healing 2:30-4pm \$20	19 PINK Full Moon Gong Sound Healing Session 7:00-8:15 pm, \$25	20
21	22	23	24	25 Tongues in Common Poetry & Open Mic 8pm <u>FREE</u>	26 Family Yoga 7-8 pm \$10/family	27 Late Night Yoga 8:30-9:30pm \$7
28 KANGEN WATER demo Open to all! FREE 2:00-3:30 pm	29	30	\$10 Park Yoga NOTE Begins Weekly Wed 5/1– 6pm Sat 5/4—8:15am			

PRICING:

ONE MONTH Unlimited "Try Us Out" pass, \$50

1-class drop-in \$15; Teachers, Seniors, Students, Military Service \$12

1-Month unlimited pass/\$125; 2-month unlimited pass/ \$172+ 4 GUEST PASSES

1-Month unlimited pass, Teacher, Student, Senior, Military Service, \$75

Class Packages: 4-class/\$56; 8-class/\$98; 16-class/\$175 *Packages may be shared and expire in 1 year.

Visitor's 1-week unlimited/\$65; Visitor's 2-week unlimited/\$75 New to Yoga: 6 sessions/\$59

****GIFT CERTIFICATES for Yoga Always a GREAT GIFT!
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