

# DECEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 <b>New Year's Eve</b> Last Class 4:30pm Re-open for <b>NYE Class</b> 10:30p-midnight, \$10	JAN 1 <b>New Year's Day</b> 9:30 Basics 11:00 Restorative 12-2 108 Sun Salutations		Sign Up Now! <b>Women's Weekend</b> <b>1/25-1/27/2019</b> <b>\$375 per woman</b>		1 <b>Kundalini</b> 6-7:15pm \$15 or class pass
2 <b>Deepen Your Practice: Using Props Workshop</b> 1-5pm \$99 Teachers CEU 1:30-3:30pm For Everyone, \$35	3 <b>KIDS' Yoga</b> 1st Monday of the month, only. 4:30pm Ages 5-12, \$10	4	5 <b>Trigger Point Therapy w/ Dr. Gray, FREE</b> 1:00-2:00pm	6 <b>Reiki Energy Healing</b> 3-4pm 30min/\$20	7 <b>Intimate Circle Workshop</b> 2-4pm \$35 <b>Sufi Meditation</b> 7:15p <b>Angel Card Readings</b> 1:30-3:30pm 15min/\$15	8 <b>Art of Deep Listening</b> 12:30-2:30pm \$35 adv/\$40 door
9 <b>Essential Oil Talk &amp; Make-n-Take!</b> w/ Carolyn Bassett 2:00-3:30 pm, \$15	10	11	12 <b>Introduction to Hypnotherapy w/ Mike Oglesbee,</b> 7:15pm, FREE	13 <b>Reiki Energy Healing</b> 3-4pm 30min/\$20	14	15 <b>Sound Healing + YIN</b> 6-7:30 pm, \$27-40 For all levels
16	17	18	19	20 <b>Reiki Energy Healing</b> 3-4pm 30min/\$20	21	22 <b>Late Night Yoga</b> 8:30-9:30pm \$5
23	24 <b>Christmas Eve</b> Last Class 4:30pm	25 <b>Christmas Day</b> 9:30am Basics *only class	26	27 <b>Reiki Energy Healing</b> 3-4pm 30min/\$20	28 <b>Family Yoga</b> 7pm \$10/family All ages welcome!	29

## PRICING:

**ONE MONTH Unlimited "Try Us Out" pass, \$50**

**1-class drop-in \$15; Teachers, Seniors, Students, Military Service \$10**

**1-Month unlimited pass/\$125; 2-month unlimited pass/ \$172+ 4 GUEST PASSES**

**1-Month unlimited pass, Teacher, Student, Senior, Military Service, \$75**

**Class Packages: 4-class/\$56; 8-class/\$98; 16-class/\$175 \*Packages may be shared and expire in 1 year.**

**Visitor's 1-week unlimited/\$65; Visitor's 2-week unlimited/\$75 **New to Yoga: 6 sessions/\$59****

**\*\*GIFT CERTIFICATES for Yoga —Always a GREAT GIFT!  
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