

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BEACH YOGA BEGINS MAY 1 \$10/everyone			1 Beach Yoga 6pm, \$10 Trigger Point 1-2pm <u>FREE</u>	2 Reiki Energy Healing 2:30-4pm \$20	3 Sufi Meditation 7:15pm \$10	4 Beach Yoga 8:15am \$10, all
5	6 <u>KIDS YOGA</u> 4:30pm \$10 1st Monday of the Month	7	8	9 Reiki Energy Healing 2:30-4pm \$20	10 Angel Cards 1:30-3pm \$15	11
12 Essential Oil Workshop 2-3:30pm \$15	13	14	15	16 Reiki Energy Healing 2:30-4pm \$20	17	18 GONG Healing Session , 7-8:15 pm, w/Ron Youmans,\$25 (lie back & listen!)
19	20	21	22	23 Reiki Energy Healing 2:30-4pm \$20	24 Angel Cards 1:30-3pm \$15	25 Late Night Yoga 8:30-9:30pm \$7, all
26	27	28	29	30 Reiki Energy Healing 2:30-4pm \$20	31 Family Yoga 7pm \$10	

PRICING:

ONE MONTH Unlimited "Try Us Out" pass, \$50

1-class drop-in \$15; Teachers, Seniors, Students, Military Service \$12

1-Month unlimited pass/\$125; 2-month unlimited pass/ \$172+ 4 GUEST PASSES

1-Month unlimited pass, Teacher, Student, Senior, Military Service, \$75

Class Packages: 4-class/\$56; 8-class/\$98; 16-class/\$175 *Packages may be shared and expire in 1 year.

Visitor's 1-week unlimited/\$65; Visitor's 2-week unlimited/\$75 **New to Yoga: 6 sessions/\$59**

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