

# March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>Tarot Cards</b> 4:00-6:00pm \$15/20 mins (Call for appointment)	2	3	4 <b>Trigger Point Therapy</b> 11:30-12:30pm	5 <b>Reiki</b> 2:30-4:00pm \$25/30 mins Call for an appointment	6	7 <b>Yoga for Kids</b> 10-11 am  <b>Level Up</b> 2:15-3:45pm
8 <b>Sound healing w/Austin Shook</b> 4:00-5:30pm \$25-40	9	10	11	12 <b>Reiki</b> 2:30-4:00pm \$25/30 mins	13 <b>Angel Cards</b> 1:45-3:00pm \$15/15mins (Call for Appointment)	14 <b>Yoga for Kids</b> 10-11 am <b>Level Up</b> 2:15-3:45pm  <b>Yin + Reiki Workshop</b> 5:30-7:30 pm, \$27-40
15 <b>Essential Oils Class</b> 3:00-4:30 pm, \$20 or 3/\$45	16	17	18	19 <b>Reiki</b> 2:30-4:00pm  <b>Spring Solstice</b> <b>108 Sun Salutations</b> 2:00-3:30 pm, \$10 pp	20 <b>Potluck with a Purpose</b> 7:00 pm Bring a vegetarian or a vegan dish; hear a talk.	21 <b>Yoga for Kids</b> 10-11 am <b>Level Up</b> 2:15-3:45pm  <b>Kundalini Yoga 6 pm</b> \$16 or yoga pass
22	23	24 <b>Meridian Enlightenment Level 1</b> 10am-2 pm, \$125	25	26 <b>Reiki</b> 2:30-4:00pm \$25/30 mins	27 <b>Angel Cards</b> 1:45-3:00pm (Call for Appointment)  <b>Family Yoga</b> 7:15-8:15 \$10 per family	28 <b>Yoga for Kids</b> 10-11 am <b>Level Up</b> 2:15-3:45pm  <b>Late Night Flow</b> 8:30pm
29 <b>Intro to Reiki Training:</b> An Informational session 3 pm free	30	31				

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**1-class drop-in \$16; Teachers, Seniors, Students, Military Service \$12**

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**Class Packages: 4-class/\$56; 8-class/\$98; 16-class/\$175 \*Packages may be shared and expire in 1 year.**

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