



Hello, I am Haileigh Fickes. I am a 200 hour Yoga Alliance certified yoga teacher. I attend Coastal Carolina University with a major in Communications and a minor in Spanish. Nature is my sanctuary and I can always be found barefoot (dirty feet are grounded feet after all). I love dewy early mornings and sipping hot tea before the world wakes up. I enjoy all kinds of yoga. I want to guide people to their internal light and I want them to know that they were molded by the divine, god, or the universe (whichever you prefer) with the purest intentions and placed on this Earth with great meaning. I want people to know that the serenity they desire is already inside them.