

FREE Hypnosis Seminar



Hypnotherapist, psychology coach and author Mike Oglesbee founded Maximized Mind, LLC. in 2011 where he and his team provide Hypnotherapy, NLP, Life Coaching, and several different forms of alternative and traditional psychology and coaching to help people overcome the challenges they face to create new and better results in their lives. Mike and his team specialize in anxiety & depression relief, smoking cessation, relationship coaching, self-improvement, weight loss, and many other challenges people suffer from. Through their work, they help people overcome their challenges without the need for medications and years of traditional therapy. Mike has been featured on Carolina & Co. Live, Retire Right TV, and several radio programs locally as well as internationally. Mike and his team have brought the most effective and efficient forms of psychology to the general public throughout North and South Carolina for the past seven years.

Join Mike Oglesbee & Barbara Cardinal for a special **FREE** seminar as he teaches you:

- **The Theory of Mind (Conscious and Subconscious Mind)**
- **The Process of Change (Psychological and Physical)**
- **About Hypnotherapy (How and Why It Works)**
- **Q&A Time (Your Specific Questions)**

In this seminar, you will how hypnosis and coaching can help you overcome challenges, barriers, and difficulties that may be keeping you from achieving your goals, happiness, or becoming a better you. Each participant will receive a special gift for attending!

When: Wednesday, DEC 12, 7:15 pm

Where: YOGA in COMMON, 3062 Deville Street, MB 29577

