



SHERRY PECKHAM

SPRING INTO SELF LOVE

A "Wall" Workshop for yoga students of all levels.

MARCH 30, 4:00-6:00 PM, \$30

Strengthen, Stretch, & Support your practice at the wall. A 2-hour workshop using the wall as your main prop ending in long savasana.



Yoga

IN COMMON

The Market Common
3062 Deville Street
Myrtle Beach, SC 29577
(843) 839-9636