

## The Journey of the Soul



A seminar presenting Eastern spiritual teachings on the evolution of consciousness

Sunday January 21<sup>st</sup> and Sunday January 28<sup>th</sup>, 2-4 pm at Yoga in Common



**It's the middle of winter. What better time to slow down and reflect on the big questions.** In this two-part seminar, we'll explore the nature of the universe from an Eastern spiritual or consciousness perspective. The special teachings of the Buddha known as "*The Abhidharma*" and, more recently, the explanations given by Meher Baba in his classic book "*God Speaks*" will be the main reference sources.

**Both the Buddha and Meher Baba gave detailed explanations of the "big spiritual picture" or "Divine Theme" that underpins the evolving universe and human consciousness.** These teachings will also be related to the discoveries and theories of modern astrophysics.

**We'll explore the journey of the individual soul or *atma* through the evolving stages of existence.** The ultimate questions will be addressed through lecture, illustrations, maps of consciousness, and short videos: **What is the purpose of the universe? Where have we come from? Why are we here? Where are we going?** What did the Buddha and Meher Baba say about the process of reincarnation and karma? Are there spiritual planes of existence? What is the nature of Enlightenment or "God-Realization?"

**When:** Sunday, January 21<sup>st</sup> and Sunday, January 28<sup>th</sup>, 2-4 pm

**Where:** Yoga in Common, Market Common, Myrtle Beach, SC, 29577. To register, call 843-839-9636. **Fee: \$75.00**

**Presenter: Joe DiSabatino, M.Ed.** has been a student of Eastern mystical traditions for most of his life. He has lived in India and traveled throughout Asia.