

200 HR Bhakti-Vinyasa YTT with Stevie G.

Rooted In Devotion

Devotion to our practice

Devotion to the Light within

Devotion to living, learning and teaching from the Heart

12-14 WEEK FORMAT

Oct 4 – Jan 12, 2018



Join Stevie Gogans, 500 RYT and YTT Facilitator for a joyful journey through the path of Bhakti-Vinyasa Yoga. We will support each other in a group setting as we dive deep into the meaning of yoga on and off the mat and how to share our own authentic Hearts with the world.

This training is for you if any or all of these apply:

You are seeking to deepen your yoga practice by learning the formation, the history, philosophy and art of Yoga.

You want to learn the art of Bhakti Yoga through chanting, mantra and meditation

You want to begin the path as a fully Heart-embodied Yoga Instructor

You want to move to deeper into your Heart and live a more joyful, meaningful, authentic life on and off the mat

If you have questions:

Email:

Stevie: steviegoggans@yahoo.com

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YOGA IN COMMON

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