



Weight Loss Hypnotherapy & Coaching Free Seminar

- ✓ *Take Control Over Your Weight*
- ✓ *Strengthen Your Willpower*
- ✓ *Overcome Cravings, Urges, and Impulses*
- ✓ *Become Active and Motivated*
- ✓ *End The Yo-Yo Dieting Cycle, For GOOD!*

Since 2011, Maximized Mind has provided the Grand Strand with the most effective and efficient forms of psychology in the world including Hypnotherapy, NLP Coaching, and various forms of alternative and traditional psychology. Their weight loss program is designed to address the core factors that prevent self-sabotage and destructive habits that keep you from achieving your weight loss goals. They have helped hundreds get off the yo-yo dieting cycle and live more effectively to lose the weight they want and keep it off!

When: Sunday, February 24th from 1:30 – 2:30pm

Where: YOGA in COMMON, 3062 Deville Street, MB 29577

