

# 200 HR Bhakti-Vinyasa YTT with Stevie G.

## Rooted In Devotion

Devotion to our practice.

Devotion to the Light within.

Devotion to living, learning, and teaching from the Heart.

14 WEEK FORMAT

Oct 4 – Jan 15, 2018

Saturdays, 8:30-3:30

Tues/Thurs, 6-9 pm



Join Stevie Goggans, 500 RYT and YTT Facilitator for a joyful journey through the path of Bhakti-Vinyasa Yoga. We will support each other in a group setting as we dive deep into the meaning of yoga on and off the mat and how to share our own authentic Hearts with the world.

### **YOGA IN COMMON**

**3062 Deville Street**

**Myrtle Beach, SC 29577**

**843.839.9636**

This training is for you if any or all of these apply:

You are seeking to deepen your yoga practice by learning the formation, the history, philosophy and art of Yoga.

You want to learn the art of Bhakti Yoga through chanting, mantra and meditation.

You want to begin the path as a fully Heart-embodied Yoga Instructor.

You want to move to deeper into your Heart and live a more joyful, meaningful, authentic life on and off the mat.

### **HOW TO APPLY:**

- 1) Fill out the online application located on our website under the tab "Yoga Teacher Training"
- 2) Pay a deposit of \$250
- 3) Meet with Stevie & Linda
- 4) \$2500 by Sept 1; or \$2600 due Sept 15

Questions: [steviegoggans@yahoo.com](mailto:steviegoggans@yahoo.com)