

**Sunday, September 4, 2011**

**Labor Day Weekend Event**



**Workshop on How to Heal Yourself and Stay Healthy**

**Handle your Stress ~ Reduce Pain ~ Decrease Anxiety**

**Prevent Illness ~ Prepare & Recover from Surgeries**

**~Grieving Release ~ Cancer Support.**

**Balance your life Physically, Emotionally and Spiritually**

**Balance Your Energy Centers**

**Healing Touch Energy Workshop with Cynthia Hawley**

**Date: Sunday, September 4<sup>th</sup>    Time: 1:30-3:00 pm**

**Location: YOGA in COMMON, The Market Common**

**3080 DeVille Street, Myrtle Beach, SC 29577**

**Questions? Call 704-608-5995**

**Workshop fee: \$10.00 (no one turned away)**

***There will be a drawing for a FREE full-length healing session.***